

RUTGERS

New Jersey Agricultural  
Experiment Station

4-H



# Member Record Book

My 4-H Experiences & Accomplishments



Name: \_\_\_\_\_

Grade: \_\_\_\_\_ County: \_\_\_\_\_



# 4-H Member Record Book

## **A Message to 4-H'ers:**

- Record-keeping is an important part of every 4-H educational project.
- Many awards, educational trips and college scholarships are given to club members on the basis of their records and project work.
- Records show your 4-H club work progress. Keep this book from year to year and add to it. You may include up to three years' of 4-H work.
- A 4-H portfolio is designed to help you keep your records and other supporting materials in an orderly manner for each of your project areas.
- Do not alter the basic format of this book, but you can add additional pages to a section if more space is needed.

## **Your 4-H Portfolio should contain the following sections:**

- Section 1 - Member Record Book Cover
- Section 2 - 4-H Member Summary
- Section 3 - My 4-H Story
- Section 4 - 4-H Project Record
  - Include a Project Record for each project area you participate in:
    - Horse/Pony/VSE
    - Livestock
    - Dog
    - Rabbit, Small Animal & Herpetology
    - General (ex: Community Service, Woodworking, Small Engines)
- Section 5 - Photos & Supporting Materials





## GLOUCESTER COUNTY 4-H MEMBER SUMMARY

This record belongs to: \_\_\_\_\_  
*Name* \_\_\_\_\_ *Year* \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
*Street* \_\_\_\_\_ *Apt. #* \_\_\_\_\_

\_\_\_\_\_ *City/Town* \_\_\_\_\_ *State* \_\_\_\_\_ *Zip* \_\_\_\_\_

Please indicate age as of January 1st: \_\_\_\_\_

4-H Age for year completing: Please check  Junior (grade 4-8)  Senior (9-13)

Grade in School: \_\_\_\_\_ Years in 4-H: \_\_\_\_\_

4-H Club(s): \_\_\_\_\_

My 4-H goals for this year: \_\_\_\_\_

My 4-H projects this year; number of years in project:

Name of Project	# of Years	Name of Project	# of Years

### YEAR END SIGNATURES:

I have completed this record and believe all information to be complete and accurate.

\_\_\_\_\_ *Member's Signature* \_\_\_\_\_ *Date* \_\_\_\_\_ *Parent/Guardian's Signature* \_\_\_\_\_ *Date*

\_\_\_\_\_ *Leader's Signature* \_\_\_\_\_ *Date* \_\_\_\_\_ *4-H Faculty/Staff Signature* \_\_\_\_\_ *Date*

# Gloucester County 4-H Member Summary

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## Communication Activities

I took part in the following communication activities (speeches, demonstrations, visual presentations, etc.):

## Awards and Honors

Include 4-H awards and honors such as fair and county recognition (you may add additional pages)

# Journal of Activities, Events, and Experiences

Use this page to record **all** activities, events, and experience as you have them. Include 4-H, volunteer, community, citizenship, leadership, service learning, school, sports, and other activities.

# Gloucester County 4-H Member Summary

## My 4-H Story

(Add additional pages as needed)

Acknowledgments: Modified from the University of Maryland 4-H State Office 4-H Summary Record - 2017

Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and Boards of County Commissioners. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.





## Gloucester County 4-H General Project Record

Name	4-H Age
Primary Club Name	
Years in 4-H	Years in this Project

Project being completed in this record:

What goals did you set for your project this year and did you achieve them?

- 1.
- 2.
- 3.

What were four things you learned from completing this project this year?

- 1.
- 2.
- 3.
- 4.

What is one thing you would like to improve or do differently with your project next year?

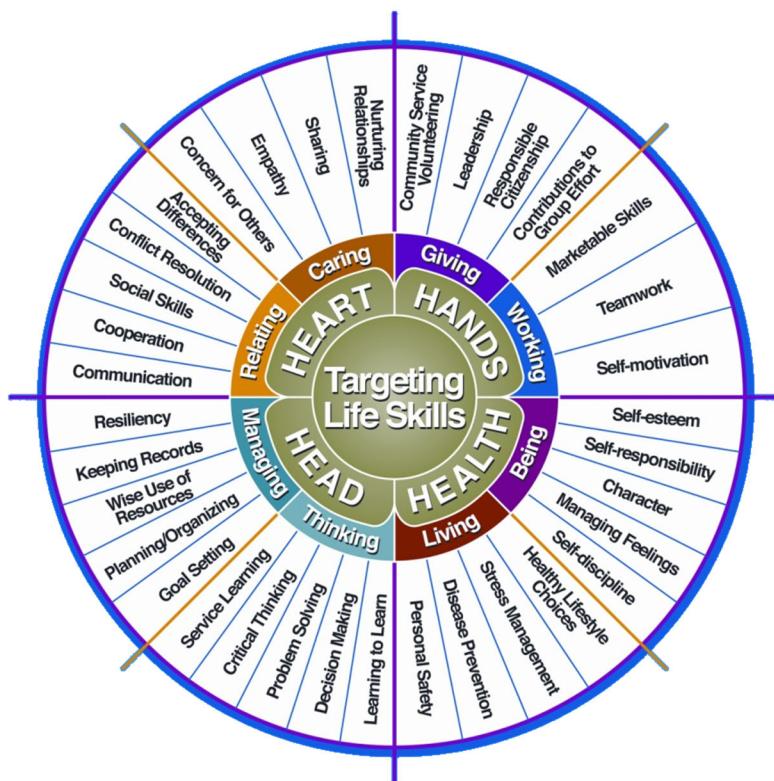
### LIFE SKILLS

Describe the Life Skills you used and what you learned in relation to your project.

I used one or more of these Life Skills from the Targeting Life Skills Wheel	What I learned as a result of using this skill.
<b>HEAD</b> Example: Decision Making	<i>I learned that I needed to be sure to budget my money when purchasing my rabbit projects so I would have enough to cover all of my expenses.</i>
<b>HEART</b> Example: Sharing	<i>I learned how to give younger 4-H members pointers on how to fit and show their animals properly.</i>
<b>HAND</b> Example: Community Service Volunteering	<i>I took my lambs to the elementary schools "Ag Day" and I was able to teach and expose 100 students about my lamb project.</i>
<b>HEALTH</b> Example: Managing Feelings	<i>I learned to control my feelings when I became frustrated that my pig would not cooperate to get loaded on the trailer.</i>

I used one or more of these Life Skills from the Targeting Life Skills Wheel	What I learned as a result of using this skill.
HEAD	1. 2.
HEART	1. 2.
HAND	1. 2.
HEALTH	1. 2.

The diagram below shows many of the Life Skills learned in 4-H:



Courtesy of Iowa State University

### Project Activities

Include: Field Trips, Workshops, Learning Experiences, etc.

All project activities listed should be about this project area only.

Date	Name of Activity/Event	Location (School, Club, County, Regional, State, National etc.)

### Project Communications

All project communications listed should be about this project area only.

Date	Type of Communication (Speech, Demonstration, Visual Presentation, etc.)	Title	Location (School, Club, County, Regional, State, National etc.)

### Project Exhibits

Include: Fairs, Shows, Community Events, etc.

All project exhibits listed should be for projects in this area only.

Date	Project Name	Exhibit/Class	Event/Activity	Placing (if applicable)

**Table 1: Project Expenses**

**Include all costs association with project. Examples: Ingredients, Paint, Wood, Fabric, Fees, Lessons, Services, Resources, etc.**

**Table 2: All Income  
(Include income from sale of products/services)**

**Financial Summary: Please make sure to use the above totals.**

Determine how much money you made or lost on your project animals. You can determine your profit (or loss) by:

**A. Add Income**

1. All Income (Table 2) \$ \_\_\_\_\_

**Total Income (A) \$ \_\_\_\_\_**

**B. Add Expenses**

1. All Expenses (Table 1) \$ \_\_\_\_\_

**Total Expenses (B) \$ \_\_\_\_\_**

**Subtract B from A to get profit or loss**

**Grand Total (profit or loss) \$ \_\_\_\_\_**

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