#### be Mem **My 4-H Experiences & Accomplishments**

F6 F7 F8 F9 F10 F11 F12

0

Prtsc SysRq Break Ins

F3

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Is USC 707

Ctrj

Name: \_\_\_\_

Rutgers

New Jersey Agricultural Experiment Station

Grade: \_\_\_\_\_ County: \_\_\_\_\_



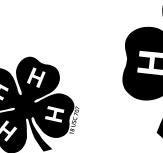
# **4-H Member Record Book**

#### A Message to 4-H'ers:

- Record-keeping is an important part of every 4-H educational project.
- Many awards, educational trips and college scholarships are given to club members on the basis of their records and project work.
- Records show your 4-H club work progress. Keep this book from year to year and add to it. You may include up to three years' of 4-H work.
- A 4-H portfolio is designed to help you keep your records and other supporting materials in an orderly manner for each of your project areas.
- Do not alter the basic format of this book, but you can add additional pages to a section if more space is needed.

### Your 4-H Portfolio should contain the following sections:

- Section 1 Member Record Book Cover
- Section 2 4-H Member Summary
- Section 3 My 4-H Story
- Section 4 4-H Project Record
  - Include a Project Record for each project area you participate in:
    - Horse/Pony/VSE
    - Livestock
    - > Dog
    - Rabbit, Small Animal & Herpetology
    - General (ex: Community Service, Woodworking, Small Engines)
- Section 5 Photos & Supporting Materials











Name					
Street		Apt. #			
 Fown	State	Zip			
nuary 1st:					
ng: Please check 🗌 Jun	ior (grade 4-8)	Senior (9-13)			
Years in 4-H:					
:					
number of years in project:					
number of years in project: # of Years	Name of Project	# of Years			
	Name Street Town unuary 1st: ing: Please check JunYears in 4-H:	Name         Street         Town       State         Inuary 1st:         ing: Please check       Junior (grade 4-8)       \$			

YEAR END SIGNATURES:			
have completed this record as	nd believe all infor	mation to be complete and accurat	te.
Member's Signature	Date	Parent/Guardian's Signature	Date
	Date	4-H Faculty/Staff Signature	Date

Club Participation Number of Meetings I Attended (Check or make notes)										
Club Name JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC										

Committees & Offices (4-H, school etc.)				
Name of Committee/Office/Role	Description/What I Did			

4-H Promotion Activities				
I promoted or publicized 4-H in these ways during the year (news articles, TV, radio, 4-H Ambassador				
Responsibiliti	ies, displays, fair booths, flyers, new membe	er recruitment, and expansion efforts):		
Date	Activity	Results		
	Be Specific – Explain Activity & Location			

	Communication Activities					
	I took part in the following communication activities (speeches, demonstrations, visual presentations, etc.):					
Date	Type of Communication	Title	Event or Location			

	Awards and Honors				
	ude 4-H awards and honors such as fair and cou				
Date	Activity/Event	Award	Location		
		+			

	Journal of Activities, Events, and Experiences						
	Use this page to record <b>all</b> activities, events, and experience as you have them. Include 4-H, volunteer, community, citizenship, leadership, service learning, school, sports, and other activities.						
Date	4-H Event	Type of Activity or Event	Location	Description			
			<u> </u>				

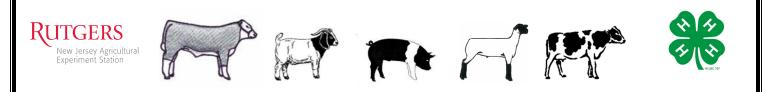
### My 4-H Story

(Add additional pages as needed)

Acknowledgments: Modified from the University of Maryland 4-H State Office 4-H Summary Record - 2017

Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and Boards of County Commissioners. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.





### **Gloucester County 4-H Livestock Project Record**

Name	4-H Age			
Primary Club Name				
Years in 4-H	Years in this Project			
Plassa	indicate your Livestock Project Area with an 'X'			
	Goat Swine Sheep Dairy			
What goals did you set for you	r project this year and did you achieve them?			
1.				
2.				
3.				
What were four things you learned from completing this project this year?				
1.				
2.				

What is one thing you would like to improve or do differently with your project next year?

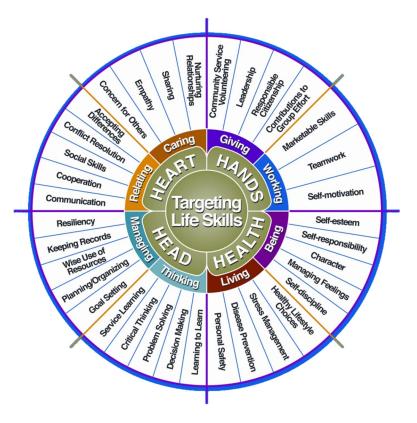
3.

4.

LIFE SKILLS				
Describe the Life Skills you used and what you learned in relation to your project.				
I used one or more of these Life What I learned as a result of using this skill.				
Skills from the Targeting Life				
Skills Wheel				
HEAD	I learned that I needed to be sure to budget my money when purchasing my			
Example: Decision Making	rabbit projects so I would have enough to cover all of my expenses.			
HEART	I learned how to give younger 4-H members pointers on how to fit and show			
Example: Sharing	their animals properly.			
HAND	I took my lambs to the elementary schools "Ag Day" and I was able to teach			
Example: Community Service	and expose 100 students about my lamb project.			
Volunteering				
HEALTH	I learned to control my feelings when I became frustrated that my pig would			
Example: Managing Feelings	not cooperate to get loaded on the trailer.			

I used one or more of these Life Skills from the Targeting Life Skills Wheel	What I learned as a result of using this skill.
HEAD	1.
	2.
HEART	1.
	2.
HAND	1.
	2.
HEALTH	1.
	2.

The diagram below shows many of the Life Skills learned in 4-H:



Courtesy of Iowa State University

Include: Fie	Project Activities Include: Field Trips, Skillathon, Judging, Workshops, Quality Assurance, Class Participation, etc. All project activities listed should be about this project area only.				
Date	Name of Activity/Event	Location (School, Club, County, Regional, State, National etc.)			

Project Communications All project communications listed should be about this project area only.						
Date	Type of Communication (Speech, Demonstration, Visual Presentation, etc.)	Title	Location (School, Club, County, Regional, State, National etc.)			

	Project Exhibits Include: Fairs, Shows, Community Events, etc. All project exhibits listed should be for projects in this area only.					
Date	Animal's Name (If Applicable)	Exhibit/Class	Event/Activity	Placing (if applicable)		
	!					
			+			
	! 					

Table 1: Information of Project Animals					
Breed	Sex	IdTag #	Purchase Cost		

Table 2: Feed Expenses					
Date Purchased	Type of feed (grain, mix, hay, supplement, pasture, silage)	\$/lb (total cost divided by lbs)	Pounds (lbs)	Total Cost	
	Total pounds and total feed costs				

Table 3: Health and Veterinary Record and Expenses         Record routine and emergency veterinary visits and include specific shots, deworming,         test(s) performed, vet checks, etc. Even if you are not directly responsible for these expenses,					
	r, ·	you must still complete these se		··· ··· ··· ··· ··· ··· ··· ··· ··· ··	
Date	Animal's Name	Reason For Treatment or Veterinary Visit (Vaccines, Health Papers, Routine Checks)	Treatment	Cost	
	\$				

	Table 4: All Other Expenses Record			
Includes: hauling, equipment, insurance, membership fees, bedding, etc.				
Date	Expense	Cost		
	Total Other Expenses	\$		

Table 5: Sale IncomeIf applicable, record income from the sale of each of your market animals.						
Date Sold	Description of Income	Final Weight	Gross Sale (Amount of Check)	\$/lb (net sale/final weight)		
Tota	l weight and value of animals sold			N/A		

т	Table 6: All Other Income           Includes all manine received as ment of any maninet (and ducts complete state)					
	ncludes all monies received as part of your project (products, ser					
Date	Income Explanation	Amount				
	Total Income \$					

#### Financial Summary: Please make sure to use the above totals.

Determine how much money you made or lost on your project animals. You can determine your profit (or loss) by:

А.		<b>ld Income</b> Sale of Animal Income (Table 5)			\$
	1.	Sale of Affilia Income (Table 5)			φ
	2.	All Other Income (Table 6)			\$
			Total	Income (A)	\$
B.	Ad	d Expenses			
	1.	Purchase Cost (Table 1)			\$
	2.	Feed Expenses (Table 2)			\$
	3.	Veterinary Expenses (Table 3)			\$
	4.	All Other Expenses (Table 4)			\$
			Total	Expenses (B)	\$
Subtra	act B	from A to get profit or loss	Grand Total	(profit or loss)	\$

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