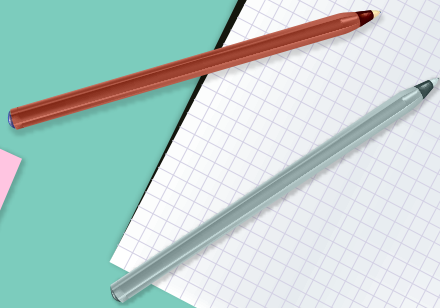# RUTGERS
New Jersey Agricultural Experiment Station

4-H

Member Record Book
My 4-H Experiences & Accomplishments

18 USC 707

Name: _____

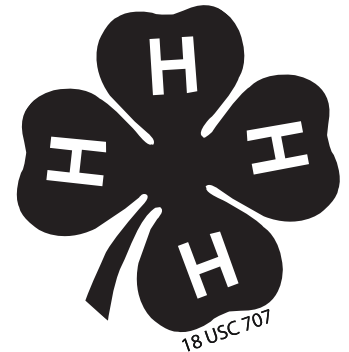Grade: _____   County: _____

4-H Member Record Book

A Message to 4-H'ers:

— Record-keeping is an important part of every 4-H educational project.

— Many awards, educational trips and college scholarships are given to club members on the basis of their records and project work.

— Records show your 4-H club work progress. Keep this book from year to year and add to it. You may include up to three years' of 4-H work.

— A 4-H portfolio is designed to help you keep your records and other supporting materials in an orderly manner for each of your project areas.

— Do not alter the basic format of this book, but you can add additional pages to a section if more space is needed.

Your 4-H Portfolio should contain the following sections:

- Section 1 - Member Record Book Cover
- Section 2 - 4-H Member Summary
- Section 3 - My 4-H Story
- Section 4 - 4-H Project Record
    - o Include a Project Record for each project area you participate in:
        - ➢ Horse/Pony/VSE
        - ➢ Livestock
        - ➢ Dog
        - ➢ Rabbit, Small Animal & Herpetology
        - ➢ General (ex: Community Service, Woodworking, Small Engines)
- Section 5 - Photos & Supporting Materials

GLOUCESTER COUNTY 4-H MEMBER SUMMARY

This record belongs to: _____   _____
                                                    Name   *Year*

Mailing Address: _____   _____
                                                    Street   *Apt. #*

_____   _____   _____
                    City/Town   *State*   *Zip*

Please indicate age as of January 1st:_____

4-H Age for year completing: Please check   ☐ Junior (grade 4-8)   ☐ Senior (9-13)

Grade in School: _____   Years in 4-H: _____

4-H Club(s): _____

My 4-H goals for this year: _____

My 4-H projects this year; number of years in project:

Name of Project	# of Years	Name of Project	# of Years

YEAR END SIGNATURES:

I have completed this record and believe all information to be complete and accurate.

_____   _____   _____   _____
Member's Signature   Date   Parent/Guardian's Signature   Date

_____   _____   _____   _____
Leader's Signature   Date   4-H Faculty/Staff Signature   Date

GLOUCESTER COUNTY 4-H MEMBER SUMMARY

Club Participation												
Number of Meetings I Attended (Check or make notes)												
Club Name	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC

Committees & Offices (4-H, school etc.)	
Name of Committee/Office/Role	**Description/What I Did**

4-H Promotion Activities		
I promoted or publicized 4-H in these ways during the year (news articles, TV, radio, 4-H Ambassador Responsibilities, displays, fair booths, flyers, new member recruitment, and expansion efforts):		
Date	**Activity** Be Specific – Explain Activity & Location	**Results**

GLOUCESTER COUNTY 4-H MEMBER SUMMARY

Communication Activities

I took part in the following communication activities
(speeches, demonstrations, visual presentations, etc.):

Date	Type of Communication	Title	Event or Location

Awards and Honors

Include 4-H awards and honors such as fair and county recognition (you may add additional pages)

Date	Activity/Event	Award	Location

Journal of Activities, Events, and Experiences

Use this page to record **all** activities, events, and experience as you have them. Include 4-H, volunteer, community, citizenship, leadership, service learning, school, sports, and other activities.

Date	4-H Event	Type of Activity or Event	Location	Description

GLOUCESTER COUNTY 4-H MEMBER SUMMARY

My 4-H Story

(Add additional pages as needed)

4-H GROWS HERE

Gloucester County 4-H Dog Project Record

Name		4-H Age	
Primary Club Name			
Years in 4-H		Years in this Project	

What goals did you set for your project this year and did you achieve them?
1.
2.
3.

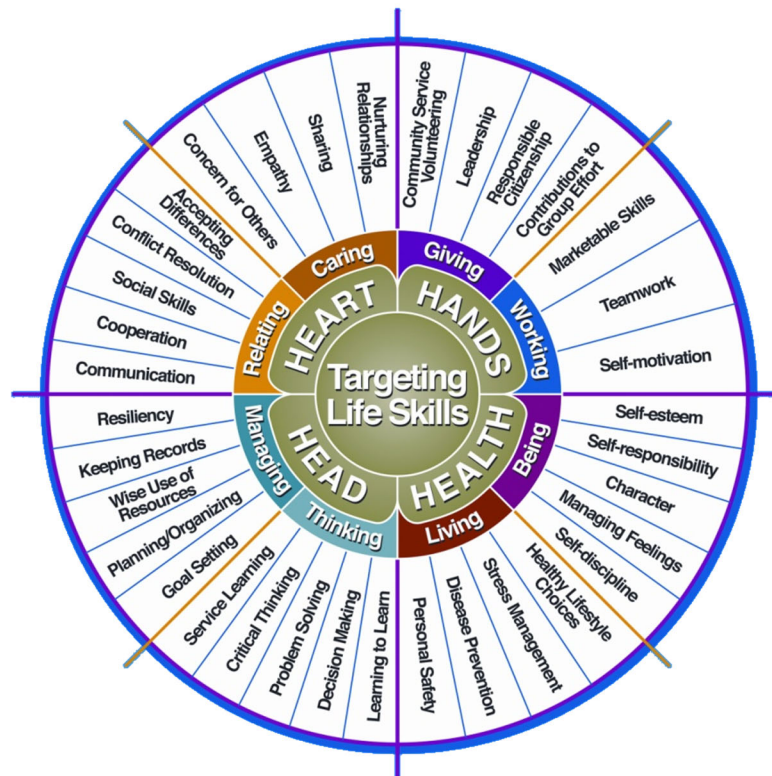| What were four things you learned from completing this project this year? |
|---|
| 1. |
| 2. |
| 3. |
| 4. |

What is one thing you would like to improve or do differently with your project next year?

LIFE SKILLS	
Describe the Life Skills you used and what you learned in relation to your project.	
I used one or more of these Life Skills from the Targeting Life Skills Wheel	**What I learned as a result of using this skill.**
HEAD *Example: Decision Making*	*I learned that I needed to be sure to budget my money when purchasing my rabbit projects so I would have enough to cover all of my expenses.*
HEART *Example: Sharing*	*I learned how to give younger 4-H members pointers on how to fit and show their animals properly.*
HAND *Example: Community Service Volunteering*	*I took my lambs to the elementary schools "Ag Day" and I was able to teach and expose 100 students about my lamb project.*
HEALTH *Example: Managing Feelings*	*I learned to control my feelings when I became frustrated that my pig would not cooperate to get loaded on the trailer.*

I used one or more of these Life Skills from the Targeting Life Skills Wheel	What I learned as a result of using this skill.
HEAD	1. 2.
HEART	1. 2.
HAND	1. 2.
HEALTH	1. 2.

The diagram below shows many of the Life Skills learned in 4-H:

Courtesy of Iowa State University

Project Activities
Include: Field Trips, Skillathon, Judging, Workshops, Quality Assurance, Class Participation, etc.
All project activities listed should be about this project area only.

Date	Name of Activity/Event	Location (School, Club, County, Regional, State, National etc.)

Project Communications
All project communications listed should be about this project area only.

Date	Type of Communication (Speech, Demonstration, Visual Presentation, etc.)	Title	Location (School, Club, County, Regional, State, National etc.)

Project Exhibits
Include: Fairs, Shows, Community Events, etc.
All project exhibits listed should be for projects in this area only.

Date	Animal's Name (If Applicable)	Exhibit/Class	Event/Activity	Placing (if applicable)

Table 1: Dog Information						
Animal Name	Breed	Sex	Date of Birth	Spayed or Neutered	Color	Color of Eyes

Table 2: Breeding Information (If applicable)					
Animal Name	Date Bred	Date Gave Birth	Number Born	Number Weaned	Name of Sire

Table 3: Feed Expenses			
Month	Type of Feed	Quantity	Cost
		Total Feed Costs	

Table 4: Health and Veterinary Record and Expenses Record routine and emergency veterinary visits. Even if you are not directly responsible for these expenses, you must still complete these sections.				
Date	**Animal's Name**	**Reason For Treatment or Veterinary Visit**	**Treatment**	**Cost**
			Total Veterinary Costs	$

Table 5: All Other Expenses Record (Includes: Supplies, Equipment, Training, Treats, etc.)		
Date	**Expense**	**Cost**
	Total Other Expenses	$

Table 6: All Income (Include income from project animals include sale of animals/offspring)		
Date	**Income Explanation**	**Amount**
	Total Income	$

Determine how much money you made or lost on your project animals. You can determine your profit (or loss) by:

A. Add Income
   1. All Income (Table 6) $ _____

                                    Total Income (A) $ _____

B. Add Expenses

   1. Feed Expenses (Table 3) $_____

   2. Health and Veterinary Expenses (Table 4) $_____

   3. All Other Expenses (Table 5) $ _____

                                    Total Expenses (B) $ _____

Subtract B from A to get profit or loss   **Grand Total (profit or loss)** $_____